common questions about life plan communities

No matter where you choose to spend your future, you deserve clear answers on some of the most pressing questions about retirement. Now is the best time to consider the kind of worry-free, no-maintenance lifestyle only Life Plan Communities can provide. Whether you become a resident of The Waterford or not, you can trust that we will always offer the clarity and expertise that seniors deserve in Juno Beach.

how does the process work?

Life Plan Communities have a lot to offer both residents and their families.

Finding a community to call home is a big decision, one that shouldn't be rushed into without full consideration of all your retirement options. Once you've seen what's out there, you'll be more knowledgeable and better equipped to start the moving process.

"We're so glad we made the choice on our own. We can't wait to move in, make new friends and enjoy the future we always wanted."

91% With satisfaction measured on a 5-point scale, 91% of respondents were "completely" or "very" satisfied with their senior living community.
— MATHER INSTITUTE | THE AGE WELL STUDY — YEAR 3 REPORT

things to look for:

location

Just because you're moving to a new address doesn't mean you have to say goodbye to the community you know and love. There are senior living communities all across the country that can actually enhance your local lifestyle no matter where you live. Favorite area attractions and destinations are all nearby and ready for you to enjoy, often with transportation provided to and from your new home.

healthcare

Being active and independent probably means that healthcare is not your biggest concern just yet. That doesn't mean, however, that it's not an important factor. In fact, you'll likely find it quite comforting to understand all the care options that are available in the communities you're considering. Complete peace of mind will come from knowing that higher levels of care like Assisted Living, Memory Care and Skilled Nursing are available if the need ever arises.

lifestyle

How you spend your time in Independent Living is entirely up to you. Whether that means a quiet setting, relaxing in nature with people who share your interests or making an adventure out of every day by staying active with social gatherings, fitness classes and more. Gourmet dining is one of the most popular aspects of Independent Living, so make sure to get a taste of all that's available when you visit the communities.

cost

The majority of Life Plan Communities require a refundable entrance fee, which in 2018 averaged about $320,000, according to the National Investment Center for Seniors Housing and Care, an industry research group. The fee is based on the location, size of the residence and number of residents.

You'll also pay monthly fees, which averaged $3,266 nationwide in 2018. Don't let these numbers hold you back. Instead, consider all you'll be able to afford and explore your most cost-effective options, while also taking a close look at how much you currently spend to maintain your own home, in addition to any current healthcare costs.

To help make your search that much easier, consider some universal factors that can help shape your decision. Location can make all the difference in the world. The unique lifestyles offered are what set each community apart from one another. While it may not be a concern initially, healthcare is vitally important to your future. Finally, the cost could be a deciding factor. What may surprise you, however, is just how affordable and financially sound this major decision can be. Ultimately, your individual choice will come down to personal preference and comfort level. Still, it helps to start this process with a clear picture of what's ahead.

getting ready to make the move

Before moving into your new community, you'll have to move from your current home. And for many, this is the single most emotionally difficult part of the process: downsizing.

So, what to do with all of the things that have made your house a home over the years? We encourage you to start taking small steps towards downsizing. Tackle one area or space at a time. This not only frees up space to allow for a better flow of energy throughout your home, but also helps the process feel less overwhelming. There's so much more to this than just getting rid of household items. In reality, you'll be making room for health, freedom and more time spent with loved ones. Downsizing and making the move doesn't have to be a scary experience.

If you're ready to consider the move, start by having transparent discussions with your family and loved ones. These conversations can help put plans into place for key tasks like setting a timeline, selling the home you currently live in and figuring out the logistics of downsizing and actually moving into a new residence. You'll get more enjoyment out of these years if you prepare for them early, long before your health needs change. Whatever choice you make, be sure it's the right one for you and your family by getting a clear picture of your future. Be sure to ask how The Waterford helps future residents in the downsizing and moving process.

A 2019 ARCO STUDY FOUND THAT LIFE PLAN COMMUNITY RESIDENTS ARE SUBSTANTIALLY HAPPIER, HEALTHIER AND HAVE A GREATER OVERALL SENSE OF WELL-BEING THAN THEIR COUNTERPARTS WHO OPT TO REMAIN IN THEIR CURRENT HOME.

THE WATERFORD
JUNO BEACH FLA | ESTABLISHED 1982

the power to make an
informed choice.

A LIFESPACE COMMUNITY | *Independent Living* | *Skilled Nursing* | *Rehabilitation*
601 Universe Boulevard | Juno Beach, FL 33408 | (561) 627-3800 | **TheWaterford.com**
Skilled Nursing Facility ID 1587096