

LUNCH &
DINNER

THE COVE

11:30AM -
6:30PM

SOUP

Chicken Noodle. CUP 2| BOWL 4

Slow Simmered Chicken Broth, Chicken,
Vegetables, Egg Noodles

Soup of the Day. CUP 2| BOWL 4

SALAD

Dressings: Ranch, Blue Cheese, Balsamic Vinaigrette,
Herb Vinaigrette, Citrus Vinaigrette

Classic Caesar. HALF 3| FULL 8

Crisp Romaine, Traditional Caesar Dressing, Garlic
Croutons, Shaved Parmesan

The Cove. HALF 3| FULL 8

Mixed Field Greens, Cucumber, Grape Tomato,
Carrots, Croutons, Choice Of Dressing

Add A Choice of Protein To Any Salad

Salmon +9, Shrimp +9, or Chicken Breast +5

PIZZA

Pepperoni. 14

House Tomato Sauce,
Mozzarella, Pepperoni

Cheese. 10

House Tomato Sauce,
Mozzarella

Garden Veggie. 12

House Tomato Sauce,
Mozzarella, Mushrooms,
Peppers, Onions, Tomatoes



HANDHELDS

Shrimp Salad. 15

New England Roll

1/4 Hebrew National Hot Dog. 8

Choice of Toppings: Ketchup, Mustard,
Onions, Relish, Sauerkraut

Grouper Sandwich. 19

Seared Grouper, Pickled Carrots, Herb Mayo,
Toasted Brioche Bun

The Cove Burger. 11

Beef, Turkey or Veggie Patty
Lettuce, Tomato, Onion, Pickle, Toasted
Brioche Bun

Make Your Own Deli Sandwich. 7

Choice of Turkey, Ham, Tuna or Chicken
Salad, Lettuce, Tomato, Onion, Pickle with
Choice of Bread

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WEEKLY FEATURES

Half Rotisserie Chicken. 14

House Rotisserie Chicken

Spinach Salad. 8

Baby Spinach, Mushrooms, Red Onions,
Strawberries, Candied Walnuts, Balsamic
Vinaigrette

CLASSICS

Atlantic Salmon. 14

Seared or Blackened



SIDES

Sweet Potato Fries. 2

Baked Potato. 2

Coleslaw. 2

French Fries. 2

**Baked Sweet
Potato. 2**

Green Beans. 2

DAILY FEATURES

Choice of Soup or Salad | Choice of Beverage

Monday. 17

Pineapple & Chicken Stir-fry
over Jasmine Rice
Green Beans
Cookies (2 ea.)

Wednesday. 18

Chili Lime Chicken Breast
Whipped Sweet Potato
Seasoned Yellow Squash
Apple Pie

Friday. 18

Traditional Meatloaf
(5oz) w/ Gravy
Mixed Vegetables
Mashed Potato
Chocolate Cake

Tuesday. 17

Tortellini tossed in Basil
Pesto Buttered Carrots
Garlic Bread
Frosted Brownie

Thursday. 18

Honey Glazed Pork
Tenderloin
Mac & Cheese
Green Peas
Fresh Fruit Cup

Saturday. 17

Roasted Turkey Breast
Mashed Yukon Potatoes
Baby Carrots
Lemon Cake

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.